

QUARTERLY RESET

REVIEW OF QUARTER __ OF _____



YOUR WORK	YOUR SELF	YOUR LIFE			
Career, money and investments	Being happy, strong and healthy	Friends, family and community			
Biggest achievements?					
Biggest challenges or disappointments?					
Passion Ratio:					
How much energy did you invest this quarter?					
%	%	%			
What would have been ideal for you to be your best?					
%	%	%			
What do you need to Start or Stop doing to be on track with your Annual Goals?					



QUARTERLY PLAN





	YOUR WORK Career, money and investments	YOUR SELF Being happy, strong and healthy	YOUR LIFE Friends, family and community		
Passion Ratio	%	%	%		
#1 Project					
	Other Projects?				
#2					
#3					
Toads #1					
#2					
Habit To Start*					
Stop					
	Actions to take this week?				

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^{*} Choose 1 of the 17 habits from the book.